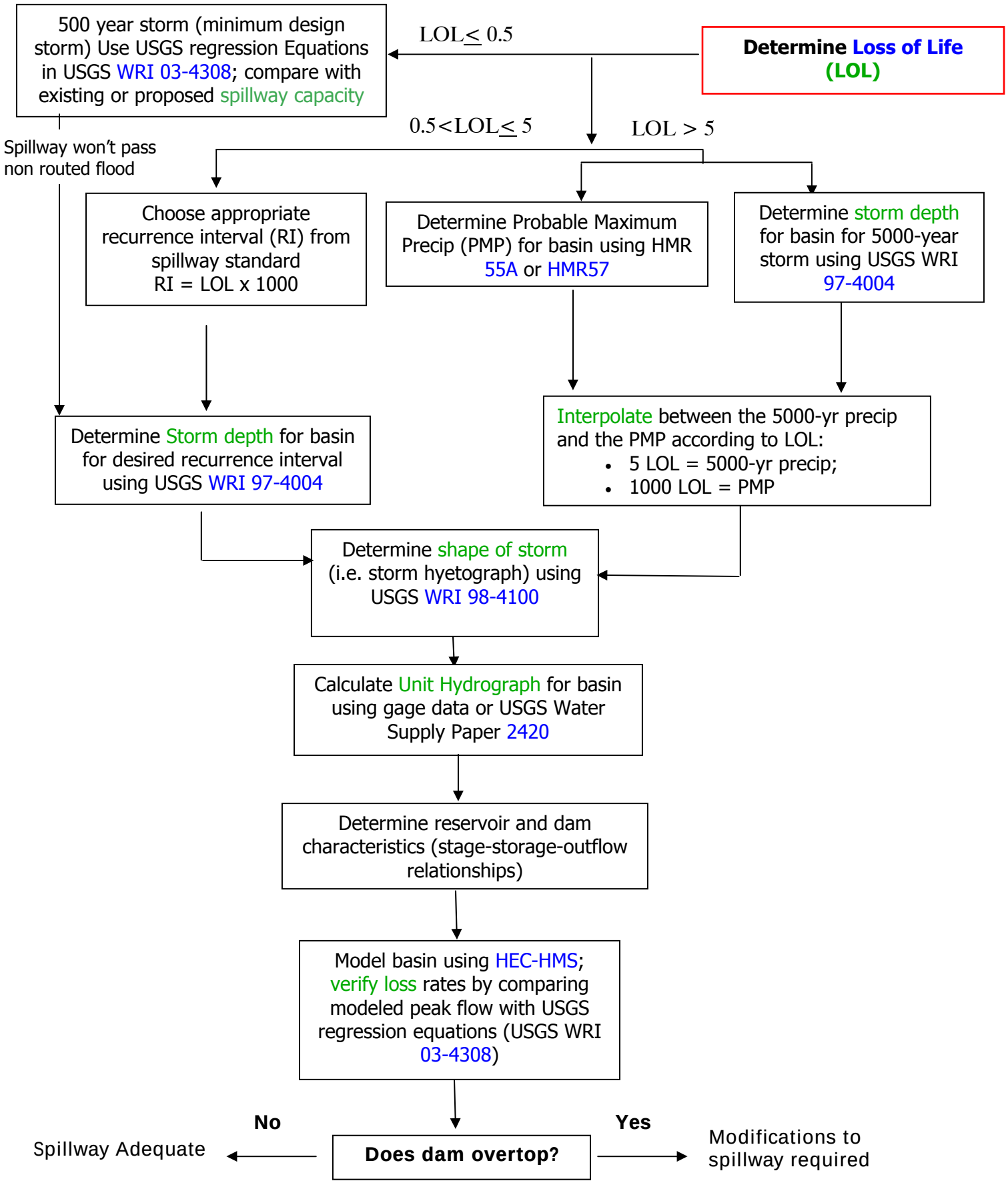Procedure for Determining Spillway Adequacy